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## FAQs: Cohort Essentials

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This FAQ provides a high-level overview of the beta cohort experience, outlining basic expectations such as time commitment, required activities, and progress tracking, while also introducing the discussion boards as the primary space for participants to ask questions and engage with the cohort community.

## Cohort Format and Schedule

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### What is a learning cohort?

A learning cohort experience with Adobe Premium Learning services is an educational model where a group of learners (like you!) progress through a course together, following a shared schedule and engaging in collaborative activities.

Research shows that adults learn best through collaboration, discussion, and real-world application. Cohort learning gives you an opportunity to not only learn about an Adobe solution but to connect with others who are doing the same type of work that you are.

Cohort learning has many benefits, including:

- **Shared progression:** Everyone follows the same schedule.
- **Community building:** Cohort members interact regularly during live sessions and through a cohort discussion board.
- **Collaborative learning:** Activities include group discussions, peer reviews, and joint projects.
- **Facilitated instruction:** Adobe expert instructors and mentors guide the cohort, offering their experience, feedback, and support.

Learn more about the cohort experience in the **"Welcome to the Cohort"** self-guided module, accessible on the Pre-Work cohort learning page.

### How is the cohort structured?

#### Live sessions

Each week, you'll join **two 90-minute live sessions** led by Adobe experts, where you'll explore an Adobe solution in depth. These sessions also give you a chance to connect with others in your cohort through group

discussions and interactive activities. Some weeks may even feature a guest speaker sharing best practices or real-world use cases.

### Self-paced activities

Between live sessions, you will complete a **self-guided online module** that includes readings, videos, and hands-on exercises to help you apply what you're learning. After each module, there's a **short quiz** to help you check your understanding. We recommend reserving **2–4 hours per week** to complete the online learning and quiz.

### Capstone Challenge

As part of the cohort, you'll also collaborate with a group of peers on a Capstone Challenge project—a chance to put everything you've learned into practice with a real-world scenario. Your group will give a short presentation to share your work and get feedback from Adobe instructors and fellow learners.

## How do I track my progress during the cohort?

Short quizzes are part of each week's self-study modules. These help you check your understanding of the topics and concepts that were covered.

Near the end of the cohort, you'll complete a final assessment quiz of about 40 questions to wrap up your learning.

You can also track your progress through the completion of the Capstone Challenge project. This group activity gives you the opportunity to apply what you've learned to a real-world scenario.

## What happens at the end of the cohort?

The final weeks include a Capstone Challenge to apply your learning and some certification prep time to get you ready for the Adobe certification exam.

## Training Environments

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### How do I request a test environment to use during the cohort?

Find the self-guided module called "Environment Request" on the "Pre-Work" cohort learning page. Fill out the form with your name and email address, and the test environment URL and login information will be emailed to you.

When accessing your training environment for the first time, be sure to select "Company or School Account." Do not choose "Personal Account," as this will prevent you from logging in successfully.

During the cohort, you will have 24/7 access to your test environment. Access to your test environment will expire after the cohort ends.

## Group Discussions & Support

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### Is there a dedicated support channel or forum for this cohort?

Each Adobe Premium Learning cohort offers a **discussion board** where members of the cohort, as well as the instructor and facilitator, can have conversations about what you're learning, ask questions, and more. The cohort discussion board is a great way to engage with your peers outside of sessions, and can be accessed through any cohort learning page in the bottom footer.

### What support is available if I struggle with the cohort content?

First, we encourage you to reach out to your cohort peers on the discussion board. That's a great place to ask questions because everyone in the cohort can jump in to help find answers. If you need operational assistance with your test environment or accessing the self-study modules, please reach out to your cohort facilitator by using the message button through any cohort learning page.

## Will there be opportunities for group discussions?

Yes, group discussions are built into the cohort so you can collaborate, share experiences, and learn from one another. We also encourage you to participate in the discussion board. Both are great ways to ask questions, share ideas, and learn from others in your cohort.

Collaboration is a key part of the experience, but we understand that group work isn't everyone's comfort zone. If you have concerns, feel free to reach out to your cohort facilitator. We'll work with you to find a way to participate that feels right for you.